



Saturday

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

1 try a spontaneous act of love- a kiss, call just to say you love them, etc.	2 compliment your spouse in a way you've never done before	3 hold hands for a full minute today & soak in the connection	4 share a time where you felt luckiest to have your spouse	5 spend time looking into your spouses eyes	6 share your funniest memory as a couple	7 go outside for a walk together no distractions
8 give your spouse an hour of undivided attention	9 kiss them first thing in the morning and first thing at night	10 whisper "I'm so lucky to love you" to your spouse today	11 write down 3 reasons your spouse makes you lucky in love & leave it for them	12 hug your spouse extra extra long today	13 give your spouse a back rub just because	14 create a relationship jar and put in your hopes & goals for the future
15 cook a meal/ together or help while on is cooking the meal	16 pick an unexpected place to say I love you to your spouse	17 plan a Saint Patty's day date! 	18 take 5 minutes to talk about why you appreciate each other	19 recreate an old photo from the beginning years of your relationship	20 no tech night put away the phones and be fully present with each other	21 spring clean your marriage pick one area to work on together
22 swap a responsibility that is usually handled by your partner	23 write down 5 things you want to do together before summer & start doing them	24 each partner plan a small surprise (breakfast in bed, etc.)	25 date night dice- write down 6 ideas assign them a # and roll the dice	26 ask your spouse what is 1 thing they feel is lucky about marriage	27 write down 5 things you want to manifest in your marriage	28 pick a self care idea you love to do to your spouse (lip mask, face scrub, etc.)
29 start to do yard work or spring cleaning chores TOGETHER!	30 give your spouse some uninterrupted me time	31 reflect & talk about this months challenges & how you feel as a couple 				